



FEE FOR SERVICE

SPRING

2026



APRIL 7 - JUNE 26

COMMUNITY LIVING 
Toronto

COMMUNITY JUNCTION
ADVANCE
EAST MALL
FAIRFAX
FINCH
FOSTER CONNECTION

2934 DUNDAS ST. W.
102 ADVANCE RD
65 THE EAST MALL
50 FAIRFAX CRES.
1122 FINCH AVE W.
164 MAIN ST.

REGISTER AT:



MONDAY



Community Junction
2934 Dundas Street West

No classes on Monday May 18 - Victoria Day.

TASTE OF SPRING

9:30AM

-

12:30PM

\$375

Instructor: Community Junction Staff

#49206

Build your culinary confidence this spring. In this series, we cover fundamental skills—including chopping, sautéing, and roasting—using a variety of seasonal ingredients. It is a comprehensive, hands-on class designed to make you a better, more efficient cook.

1:00PM

-

2:00PM

\$250

ACOUSTIC ESCAPADES

Instructor: Andre Tellier

#49222

Come and enjoy our acoustic music singalong! No experience necessary. Acoustic instruments, hand drums, maracas, percussion and especially singing - a chance for you to express yourself in a laid-back mellow musical setting.

2:00PM

-

4:00PM

\$400

JUNCTION PICASSOS

Instructor: Lisa Fong

#49223

This hands-on session is designed to inspire creativity through the fusion of art and craft. Explore various techniques, from traditional methods to modern innovations, in creating unique and personalized works of art. Transform everyday materials into extraordinary works of art, expressing yourself through creation and colours.

Community Junction
2934 Dundas Street West



TUESDAY

9:30AM

-

10:30AM

\$225

THE BREAKFAST CLUB

Instructor: Community Junction Staff

#49228

Gather with friends and enjoy a light meal to give you energy and get you ready for a fun-filled day ahead.

10:30AM

-

11:30AM

\$225

MOVE AND GROOVE ZUMBA

Instructor: Tammy Gunn
(In person class; Virtual instruction)

ADAPTIVE

#49227

Have fun learning how to put moves to music! With her passion for Latin cardio dance music, Tammy incorporates not only learning new moves but putting you, the student, in the driver's seat to create choreography to some of your favorite songs.

12:30PM

-

1:30PM

\$200

JUNCTION EXPLORERS

Instructor: Community Junction Staff

#49226

A community-based session combining exploration, learning and fun! Each week embark on a walking journey in the Junction neighborhood, discovering different landmarks and sights along the way.

1:30PM

-

2:30PM

\$165

KNITTING CIRCLE

Instructor: Mary O'Hearn

#49225

In this knitting and crochet class, you'll learn how to use yarn and needles or hooks to make many craft items. You'll start with simple stitches and can gradually make more complicated patterns. It's a fun way to be creative!

2:30PM

-

4:00PM

\$385

CREATE – A – CHARACTER: PUPPET MAKING

Instructor: Catherine Moeller

#49224

Engage in creating your very own characters to come to life in a theatre you will help decorate. We will explore different mediums from shadow puppets to paper puppets, even Papier Mache and clay. Then, put on short performances to show off your creations. Let your personality and creativity shine!

WEDNESDAY



Community Junction
2934 Dundas Street West

10:00AM
-

BUST A MOVE

Instructor: Jenn Harasen

ADAPTIVE

#49213

11:00AM
\$300

Experience the joy of dance in a safe, fun environment! BAM Dance blends multiple styles with creative movement while building resilience, independence, responsibility, and communication skills for all levels.

11:00AM
-

BEADS AND BEYOND JEWELRY MAKING

Instructor: Community Junction Staff

#49218

12:00PM
\$385

Create beautiful accessories that compliment beautiful you. We will be using various materials to create necklaces, bracelets, and more. Join us and unleash your inner fashionista!

1:00PM
-

ART ATTACK!

Instructor: Lisa Fong

#49219

3:00PM
\$440

This class will have the opportunity to explore art mediums and techniques; then combine them to create interesting finishes. You will also learn historical and contemporary artists whose works invite us into the wonderful world of mixed media art.

3:00PM
-

VOCAL VIBES

Instructor: Valarie Conforti

#49220

4:00PM
\$330

Elevate your voice in our dynamic choir class! No matter your vocal experience, our class welcomes you to explore the world of harmonies and melodies.

4:00PM
-

JUNCTION DINNER & GAMES CLUB

Instructor: Community Junction Staff

#49221

7:00PM
\$300

Meet weekly to share a meal and play a variety of board, card, and party games. Whether you're a seasoned gamer or new to the scene, this is a perfect opportunity to unwind, meet new people, and enjoy some friendly competition in a welcoming environment.

Community Junction
2934 Dundas Street West



THURSDAY

9:30AM

-

12:30PM

\$450

FRESH FLAVOURFUL COOKING

Instructor: Community Junction Staff

#49230

Join us for a vibrant, hands-on Spring cooking class celebrating the season's freshest bounty! Learn to transform seasonal ingredients into delicious, flavorful dishes while building cooking skills, sharing ideas, and enjoying a fun, interactive experience.

1:00PM

-

2:00PM

\$300

SOUND PIONEERS

Instructor: Andre Tellier

#49216

This music jam is your chance to relax, enjoy and express yourself in a social group setting. You are encouraged to express yourself through singing, percussion and dancing. We will be singing popular songs, old favorites and standards.

2:00PM

-

3:30PM

\$385

CREATIVE EXPRESSIONS

Instructor: CLTO Rec Therapist

#49211

Creative Expressions is an engaging and supportive environment where you explore your imagination through creative writing, poetry, expressive movement and drama. Build confidence, communication skills, and creativity in an encouraging environment. No experience needed, just bring your imagination!

FRIDAY



Community Junction
2934 Dundas Street West

TREKKING THROUGH TORONTO

9:30AM

-

3:30PM

\$685

Instructor: Community Junction Staff

#49217

Discover the magic of our city has to offer. Our group will be checking out some of Toronto's famous landmarks! Experience the museums, festivals, attractions, neighborhoods, and cultural landmarks that make our city so diverse and exciting! Admission & TTC Fare included.

SIMPLY HEALTHY MEALS

10:00AM

-

1:00PM

\$450

Instructor: Community Junction Staff

#49215

This hands-on class teaches you to create delicious, balanced meals using simple techniques and wholesome ingredients. Perfect for beginners or anyone looking to make quick, healthy, and satisfying meals with confidence.

RHYTHM AND SONG

1:30PM

-

2:30PM

\$330

Instructor: Valerie Conforti

#49214

This innovative experience offers individuals the chance to explore, enjoy, and engage with diverse music and instruments, with a focus on inclusivity, individualized support, and sensory engagement. Designed to be both educational and therapeutic, it helps participants build musical skills, deepen their understanding of genres, and experience the joy music brings.

New
Experience!

Satellite Locations

ADVANCE

📍 102 ADVANCE RD.

#49207

MASTERPIECE MAKERS

Instructor: Lisa Fong

Embark on a journey of creativity with our "Masterpiece Makers" class! Unleash your imagination as you explore a variety of artistic mediums, from painting, printmaking and collage!

WEDNESDAY

10:00AM

12:00PM

\$440

THE EAST MALL

📍 65 THE EAST MALL

#49203

LIFE'S A CANVAS (PAINTING, DRAWING AND MORE)

Instructor: Lisa Fong

In this hands-on class, we will focus on developing various artistic skills by exploring different types of media and techniques. Students are encouraged to develop their own creative style through imagination and exploration.

THURSDAY

10:00AM

12:00PM

\$440

THE EAST MALL

📍 65 THE EAST MALL

#49204

THE ART OF CRAFTING

Instructor: Lisa Fong

This session inspires creativity through the fusion of art and craft. Transform everyday materials into extraordinary works of art, expressing yourself through creation and colours.

THURSDAY

1:00PM

3:00PM

\$440

THE CLUBHOUSE

📍 20 SPADINA RD

#49209

MINDFUL MEALS

Instructor: CLTO Rec Therapist

Welcome to Mindful Meals, a hands-on session that builds your skills and confidence to make healthier food choices and prepare delicious, nutritious meals. Learn practical meal planning, cooking techniques, and the basics of balanced nutrition.

FRIDAY

10:00AM

1:00PM

\$480

New
Experience!

Satellite Locations

FAIRFAX

50 FAIRFAX CRES

#48162

STAGE AND SOUL

Instructor: CLTO Rec Therapist

This group will use acting, role-play, movement, and imagination to express thoughts and feelings. They will explore stories, emotions and everyday situations in a fun and supportive environment. No acting experience is needed.

TUESDAY

2:00PM

3:30PM

\$375

FAIRFAX

50 FAIRFAX CRES

DINNER CLUB

Instructor: Lisa Dickie

Each session begins with a hands-on demonstration led by Lisa, founder of Dickie's cooking school, where you will learn new skills, followed by a shared dinner and engaging social activities.

TUESDAY

4:00PM - 7:00PM

4 weeks | \$275 | #48194

6 weeks | \$400 | #48195

FAIRFAX

50 FAIRFAX CRES

#48168

PASSION AND MOVEMENT

Instructor: Raj Stalin

This session is about energy, connection and freedom on the dance floor. We blend the fiery spirit Latin dances with the social fun of line dancing, and more- creating an inclusive dance community for all to enjoy. All levels of dance experience are welcome to join!

THURSDAY

1:00PM

2:00PM

\$300

FINCH

1122 FINCH AVE W

New!

#48406

MIND, BODY AND BALANCE WITH MELISSA

Instructor: Melissa

Focus on whole-person wellness through movement, nutrition, awareness, and positive lifestyle choices. Enjoy stretching, strength, cardio, nutrition basics, and discussions on stress and balance while learning to listen to your body and build healthy routines.

MONDAY

1:00PM

2:30PM

\$375

New
Experience!

Satellite Locations

FINCH

📍 1122 FINCH AVE W

#48425

SING IT YOUR WAY

Instructor: Valerie C

Join this supportive group with Musician Valerie and sing along to your favourite music. Participants can sing, hum, or simply enjoy the moment, celebrating creativity, individuality, and the power of music to connect people.

FRIDAY

10:30AM

11:30AM

\$300

FOSTER CONNECTION

📍 164 MAIN ST.

No classes on May 18 - Victoria Day

TRAVEL WITHOUT A TICKET!

#48404

Instructor: CLTO Rec Therapist

Escape on cultural adventures without leaving town! Travel without a Ticket blends cooking, games and virtual reality to explore the traditions, foods, and fun of countries across the globe. Travel with friends, learn new things, and experience the world ticket-free.

MONDAY

2:30PM

4:30PM

\$400

FOSTER CONNECTION

📍 164 MAIN ST.

#48401

ART WITHOUT BORDERS

Instructor: Lisa Fong

This is a welcoming class where creativity has no limits. Artists work with diverse art supplies and mediums, experimenting at their own pace while creating artwork that reflects their personality, mood, and ideas. No two artists- or artworks are ever the same.

TUESDAY

1:00PM

3:00PM

\$400

FOSTER CONNECTION

📍 164 MAIN ST.

#48405

TRY IT OUT!

Instructor: CLTO Rec Therapist

Try it Out is a 12-week recreation group for curiosity, creativity, and fun. Every two weeks, explore new activities, crafts, recreation, and playful projects, in a relaxed, supportive environment. No pressure, just show up, have fun, and enjoy the process.

THURSDAY

2:30PM

4:30PM

\$400