



WINTER 2026 FEE FOR SERVICE

JANUARY 5 – MARCH 27

Registration is open!

Community Junction – 2934 Dundas St. West

Advance – 102 Advance Rd

East Mall – 65 The East Mall

Fairfax – 50 Fairfax Cres.

Finch – 1122 Finch Ave W.

Foster Connection – 164 Main St.

The Clubhouse – 20 Spadina Rd.

REGISTER AT:



MONDAY

Community Junction
2934 Dundas Street West



HEARTY HOMESTYLE COOKING

9:30AM

-

12:30PM

\$430

Instructor: Community Junction Staff

#46227

Discover the joy of comforting and satisfying dishes that bring people together. In this class, you'll learn to prepare recipes that warm you from the inside out. Perfect for chilly days, these homestyle favorites celebrate simple ingredients, big flavors, and the art of sharing a meal.

1:00PM

-

2:00PM

\$275

ACOUSTIC ESCAPADES

Instructor: Andre Tellier

#46228

Come and enjoy our acoustic music singalong! No experience necessary. Acoustic instruments, guitar, hand drums, maracas, percussion and especially singing - a chance for you to express yourself in a laid-back mellow musical setting.

2:00PM

-

4:00PM

\$400

JUNCTION PICASSOS

Instructor: Lisa Fong

#46230

This hands-on program is designed to inspire creativity through the fusion of art and craft. Participants will explore various techniques, from traditional methods to modern innovations, in creating unique and personalized works of art. Transform everyday materials into extraordinary works of art, expressing yourself through creation and colours.

9:30AM

-

10:30AM

\$225

BREAKFAST CLUB

Instructor: Community Junction Staff

#46232

Gather with friends and enjoy a light meal to give you energy and get you ready for a fun-filled day ahead.

10:30AM

-

11:30AM

\$305

MOVE AND GROOVE ZUMBA

Instructor: Tammy Gunn

ADAPTIVE

#46233

Have fun learning how to put moves to music! With her passion for Latin cardio dance music, Tammy incorporates not only learning new moves but putting you, the student, in the driver's seat to create choreography to some of your favorite songs.

12:30PM

-

1:30PM

\$305

FLEXIBLY FIT STRETCH AND TONE

Instructor: Tammy Gunn

ADAPTIVE

#46236

Learning proper stretching can help you feel good all over. This adaptive class focuses on standing stretches, chair exercises, light weights, and slower-paced mat work to strengthen your core. Leaving you feeling rejuvenated and strong.

1:30PM

-

2:30PM

\$185

KNITTING CIRCLE

Instructor: Mary O'Hearn

#46237

In this knitting and crochet class, you'll learn how to use yarn and needles or hooks to make many craft items. You'll start with simple stitches and can gradually make more complicated patterns. It's a fun way to be creative!

2:30PM

-

4:00PM

\$385


CREATE – A – CHARACTER: PUPPET MAKING

Instructor: Catherine Moeller

#46239

Create your own paper characters to bring to life in a theatre you'll help decorate. We'll put on short performances to showcase your creations, then make papier-mâché and clay mask puppets with your choice of hair and clothes.

WEDNESDAY

Community Junction
2934 Dundas Street West 

10:00AM

-

11:00AM

\$305

CREATIVE MOVEMENT

Instructor: Tammy Gunn

ADAPTIVE

#46240

Start your fitness journey with Creative Movement – focus on core strength, flexibility and having fun. No experience required, just bring your enthusiasm.

11:00AM

-

12:00PM

\$385

BEADS AND BEYOND JEWELRY MAKING

Instructor: Community Junction Staff

#46241

Create beautiful accessories that compliment beautiful you. We will be using various materials to create necklaces, bracelets, and more. Join us and unleash your inner fashionista!

1:00PM

-

3:00PM

\$440

ART ATTACK!

Instructor: Lisa Fong

#46243

This class will have the opportunity to explore art mediums and techniques; then combine them to create interesting finishes. You will also learn historical and contemporary artists whose works invite us into the wonderful world of mixed media art.

3:00PM

-

4:00PM

\$330

VOCAL VIBES

Instructor: Valarie Conforti

#46244

Elevate your voice in our dynamic choir class! No matter your vocal experience, our class welcomes you to explore the world of harmonies and melodies.

4:00PM

-

5:30PM

\$250

JUNCTION GAMES CLUB

Instructor: Community Junction Staff

#46245

The Junction Games Club is a vibrant community where fun meets camaraderie every week. Whether you're a board game enthusiast, a trivia buff, an outdoor adventurer, a puzzle master, or simply someone who loves to socialize and unwind.

9:30AM
-
12:30PM

\$450

WARM WINTER MEALS

Instructor: Community Junction Staff

#46246

In this supportive class, learn to chop, slice, sauté, and bake your way to meals that embrace all that the season has to offer and that will satisfy your taste buds, one flavour at a time.

1:00PM
-
2:00PM

\$300

SOUND PIONEERS

Instructor: Andre Tellier

#46247

This music jam is your chance to relax, enjoy and express yourself in a social group setting. You are encouraged to express yourself through singing, percussion and social dancing. We will be singing popular songs, old favorites and standards.

2:00PM
-
3:30PM

\$385

DRAMATIC EXPRESSIONS

Instructor: CLTO Rec Therapist

#46248

An interactive drama program which uses games, skits and creative activities to explore and express emotions. You will build confidence and emotional awareness through playful exercises, props and music in a fun, supportive environment.

FRIDAY

Community Junction
2934 Dundas Street West



TREKKING THROUGH TORONTO

9:30AM

-

3:30PM

\$685

Instructor: Community Junction Staff

#46249

Discover the magic of our city has to offer. Our group will be checking out some of Toronto's famous landmarks! Experience the museums, festivals, attractions, neighborhoods, and cultural landmarks that make our city so diverse and exciting! Admission & TTC Fare included.

COZY KITCHEN CREATIONS

10:00AM

-

1:00PM

\$450

Instructor: Community Junction Staff

#46250

Come enjoy the warmth of Winter cooking. We will be cooking both savoury and sweet meals, including soups, stews, casseroles, and pies! Whether you're cooking for your family or hosting a cozy dinner, these recipes will become your go-to for comfort foods.

RHYTHM AND SONG

1:30PM

-

2:30PM

\$330

Instructor: Valerie Conforti

#46251

This innovative program offers individuals the chance to explore, enjoy, and engage with diverse music and instruments, with a focus on inclusivity, individualized support, and sensory engagement. Designed to be both educational and therapeutic, it helps participants build musical skills, deepen their understanding of genres, and experience the joy music brings.

New
Experience!

SATELLITE LOCATIONS

ADVANCE

9 102 ADVANCE RD.

#46252

WEDNESDAY

MASTERPIECE MAKERS

Instructor: Lisa Fong

Embark on a journey of creativity with our "Masterpiece Makers" class! Unleash your imagination as you explore a variety of artistic mediums, from painting, printmaking and collage!

10:00AM

12:00PM

\$440

THE EAST MALL

9 65 THE EAST MALL

#46256

THURSDAY

LIFE'S A CANVAS (PAINTING, DRAWING AND MORE)

Instructor: Lisa Fong

In this hands-on class, we will focus on developing various artistic skills by exploring different types of media and techniques. Students are encouraged to develop their own creative style through imagination and exploration.

10:00AM

12:00PM

\$440

THE EAST MALL

9 65 THE EAST MALL

#46255

THURSDAY

THE ART OF CRAFTING

Instructor: Lisa Fong

This program inspires creativity through the fusion of art and craft. Transform everyday materials into extraordinary works of art, expressing yourself through creation and colours.

1:00PM

3:00PM

\$440

THE CLUBHOUSE

9 20 SPADINA RD

#46254

FRIDAY

MINDFUL MEALS

Instructor: CLTO Rec Therapist

Welcome to Mindful Meals, a hands-on program that builds your skills and confidence to make healthier food choices and prepare delicious, nutritious meals. Learn practical meal planning, cooking techniques, and the basics of balanced nutrition.

10:00AM

1:00PM

\$480

New
Experience!

SATELLITE LOCATIONS

FINCH

1122 FINCH AVE W

#46259

DRAMATIC EXPRESSIONS

Instructor: CLTO Rec Therapist

An interactive drama program which uses games, skits and creative activities to explore and express emotions. You will build confidence and emotional awareness through playful exercises, props and music in a fun, supportive environment.

MONDAY

1:00PM

2:30PM

\$385

FINCH

1122 FINCH AVE W

#46260

ART THERAPY WITH YONA

6 weeks session (every other week)

Instructor: Yona

Yona, a certified Art Therapist, guides participants in using painting, drawing, sculpture, and other art forms to explore emotions, boost self-esteem, manage behavior, reduce stress, and enhance mental well-being.

THURSDAY

1:00PM

3:00PM

\$300

FOSTER CONNECTION

164 MAIN ST.

#46257

VALERIE & THE VIBES

**30min lunch supervision provided
(11:30 - 12:00)**

Instructor: Valerie Conforti

Come and explore your favorite tunes, rhythms, and other musical skills, in a welcoming sing-along environment. We welcome all to join us in the fun an interactive way to celebrate music.

TUESDAY

11:30PM

1:00PM

\$300

FOSTER CONNECTION

164 MAIN ST.

#46258

ART YOUR HEART OUT

Instructor: Lisa Fong

If you love to express yourself through art, this is the class for you. Unleash your inner creativity with various materials such as pencils, paints, oil pastels and more to explore basic concepts of art such as line, shape and colour.

TUESDAY

1:00PM

3:00PM

\$420

New
Experience!

SATELLITE LOCATIONS

FAIRFAX
50 FAIRFAX CRES

#46261

CANVAS CREATIONS

Instructor: Lisa Fong

Have you ever had a creative vision but were not too sure how to start the process and bring your vision to life. Canvas creations is a welcoming community where artists of all levels gather to paint, learn new skills and techniques with the support of a professional artist.

TUESDAY

10:00AM

12:00PM

\$420

FAIRFAX
50 FAIRFAX CRES

DINNER CLUB

Instructor: Lisa Dickie

The program begins with a hands-on cooking session led by Lisa, founder of Dickie's Cooking School, where participants learn new skills, followed by a shared dinner and engaging social activities.

TUESDAY

4:00PM - 7:00PM

4 weeks | \$275 | #46262

8 weeks | \$550 | #46264

12 weeks | \$650 | #46265

FAIRFAX
50 FAIRFAX CRES

#46266

MUSIC WITH COURTNEY

Instructor: Courtney Talyor

Our musical group unites people who love music. We explore different styles, learn new songs, and create enjoyable performances together. Whether playing instruments or singing, we focus on teamwork, creativity, fun, and welcoming all levels.

THURSDAY

1:00PM

4:00PM

\$300

FAIRFAX
50 FAIRFAX CRES

THE MIX SUPPER CLUB

Instructor: Fairfax staff & Rec Therapist

The program begins with a simple meal being made, followed by dinner and social activities before The Mix event.

The Mix flyer

FRIDAY

4:00PM - 7:00PM

Jan 30 | \$25 | #46268

Feb 27 | \$25 | #46269

Mar 27 | \$25 | #46270